



Sara Vanderwood is a second generation musher from Maine who has been involved with sled dog sports for 34 years. She shares her home in Oxford, with her husband Marc, son Grey and 19 pointer crosses.

Sara serves as the President of Mushing USA and as the US Regional Director for the International Federation of Sleddog Sports. A Legislative Aide for the Maine Legislature, Sara has a strong interest in animal welfare issues and advocates strenuously for fair and reasonable animal welfare laws and rules.

She was appointed by the Commissioner of Maine's Department of Agriculture to serve as the "sled dog" representative on a task force to look at substandard breeding kennels in the State of Maine.

A regular in front of Maine's Joint Standing Committee on Agriculture, Conservation and Forestry, Sara has distinguished herself as a respected advocate for the rights of animal owners.

Sara competes in limited class, dryland and Nordic style mushing, she has won three ISDRA medals in 1 and 2-dog skijoring.